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is a complete Martial Arts
System that includes and
progressive rank system
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technical skill and self
defense combat
applications that has been
modified to be not only
safe for the practitioner
but highly organized for
the instructor

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efficient and fun Shotokan
Karate curriculum that is
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students increase in skill
and'

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Ranking We will cover all
of the material in class
except for the knowledge
It is the student?s
responsibility to memorize
this on their own time'
'Khun Kao s Muay Thai

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kickboxing Jeet Kune Do is
not a style It is a
philosophy of self
discovery and development
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Bruce Lee stated the main
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master wearing a colored
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<u>Perou Equateur Venezuela</u> Si B

La Bellezza Nonostante

Environnement Pro Gestion Administration Tle Bac

The New Vietnamese English Dictionary

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